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Quenching the Thirst: Wet Food and Hydration for Your Furry Friends







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Authored by: Nutro Pet Food

## Quenching the Thirst: Wet Food and Hydration for Your Furry Friends

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As pet parents, we always want the best for our pets. We know our pets depend on us to take care of them, including making sure they are well-hydrated. But what are some signs of dehydration? What factors accelerate water loss? Can wet food help keep them hydrated? These are some of the questions that we will try to help answer!

The Telltale Signs of Hydration: Just like us, our four-legged pals need to stay hydrated to keep their bodies functioning at their best. But how can we tell if they're getting enough water? Here are some standard signs of a hydrated pet: bright and clear eyes, moist gums, a well-lubricated nose, and skin that bounces back when gently pulled. If you notice any signs of dehydration, such as sunken eyes, dry gums, or lethargy, it's time to act by calling your veterinarian!

Activities That Can Dehydrate Your Furry Friends Faster: Our pets are adventurous souls, and sometimes they can get carried away with their playtime. Here are a few activities that can lead to faster dehydration:

1. **Fun in the Sun:** Just like us, dogs and cats can get overheated when exposed to excessive heat. Whether they're sitting in the sun by the window, lounging in the backyard, or going for a walk, make sure they have access to shade and fresh water to keep them cool and hydrated.
2. **Vigorous Exercise:** Long walks, intense play sessions, and chasing after toys can leave our furry friends panting for more than just fun. Some dogs don't know when to stop having fun. They count on us to help them know when it's time to take a break! We recommend that you schedule in water breaks during these activities and keep an eye on their hydration levels.
3. **Traveling Adventures:** Road trips and outdoor adventures are a blast, but they can also be dehydrating for our pets. Make sure to bring along plenty of water and a portable bowl to keep them hydrated on the go.

**The Power of Wet Food:** Now, let's talk about the role of wet food in keeping our pets hydrated. Wet food contains a higher moisture content compared to dry kibble. This means that when your furry friend chows down on wet food, they're not only getting essential nutrients but also a dose of hydration.

Wet food is especially beneficial for cats, as they can have a lower thirst drive compared to dogs. By incorporating wet food like the [NUTRO Perfect Portions](#) into their diet, you're helping them receive the moisture which, along with fresh water will help to support their urinary health.

But don't worry, dog lovers! [Wet food](#) can also be a great addition to your pup's diet. It's a tasty way to help keep them hydrated.

Remember, keeping our pets hydrated is crucial for their overall health. By paying attention to the signs of hydration, being mindful of activities that can dehydrate them faster, and incorporating wet food into their diet, we can help healthy, and hydrated. Go fill up their bowls with some fresh water and some NUTRO wet food and watch them enjoy!

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